Setting up the Environment for Core Routines: Circle Time



- Prep your child for circle time by finding your teacher's picture on the Blue Bird website.
- Discuss the schedule for circle time so your child is ready to engage and knows what to expect.
- Find supportive seating for your child. This could be a small chair, a bean bag, the couch, or bouncing on an exercise ball. If your child struggles to remain seated, allow them to stand as long as they are still engaged in circle time.
- Provide a fidget or something for them to keep their hands busy while engaging with their class.
- Place the iPad or computer in front of your child so that it is easier for them to visually attend to circle time. Play around with the volume on the device, your child may process auditory information better if the volume is turned slightly down.
- Join in! The more you participate, the more likely your child will also want to engage in circle time activities.
- Encourage engagement. Give your child cues to participate if they are experiencing difficulty responding to the teacher's questions or prompts.

