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# ADAPTED SCISSORS

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## Eyas Landing & Blue Bird Day

### What are they?

Adapted scissors are any type of scissor that are changed in some way to make cutting easier. These include:

- Larger finger loops
- Spring back
- Use a gross grasp
- Mounted to the table
- 4 finger loop training scissors



All of these types of scissors promote proper hand positioning to cut. They may allow a child with weak hands or difficulty coordinating small finger movements to hold onto scissors with a gross-grasp. Other scissors automatically spring back to promote the motor sequencing of opening and closing the hand to cut. Regardless of the type of adapted scissor, all of them allow successful cutting with a child's specific skill set.

### Price

\$3-\$30

### Resources

Developing Coordination for  
Scissor Skills: AOTA

[http://  
iblog.dearbornschools.org/lilly/  
wp-content/uploads/sites/  
1656/2015/10/140\\_Scissor-  
skills.pdf](http://iblog.dearbornschools.org/lilly/wp-content/uploads/sites/1656/2015/10/140_Scissor-skills.pdf)

Parents Magazine: Teaching  
Preschoolers to Use Scissors

[http://www.parents.com/  
toddlers-preschoolers/  
development/physical/  
teaching-preschoolers-to-use-  
scissors/](http://www.parents.com/toddlers-preschoolers/development/physical/teaching-preschoolers-to-use-scissors/)

### Why use them?

Cutting involves coordination of many different skills. A child must be able to:

- Hold their body upright
- Stabilize and position shoulder, elbow, and wrist properly
- Open and close the scissors
- Attend to and see where they are cutting
- Loop fingers through holes
- Hold paper with other hand to stabilize
- Move the scissors forward on the paper

These things take a lot of skill to do at the same time. Using adapted scissors, much like adapted eating utensils or writing utensils, reduces the demands in specific areas in order to create success.

## Who can use them?

Adapted scissors may be appropriate for your child if they have:

- Weak hands
- Difficulty coordinating finger movements
- Use of one hand
- Require extra support to learn how to cut

## Types of Adapted Scissors

As mentioned earlier, there are many different types of adapted scissors. The following are options for adapting scissors:

