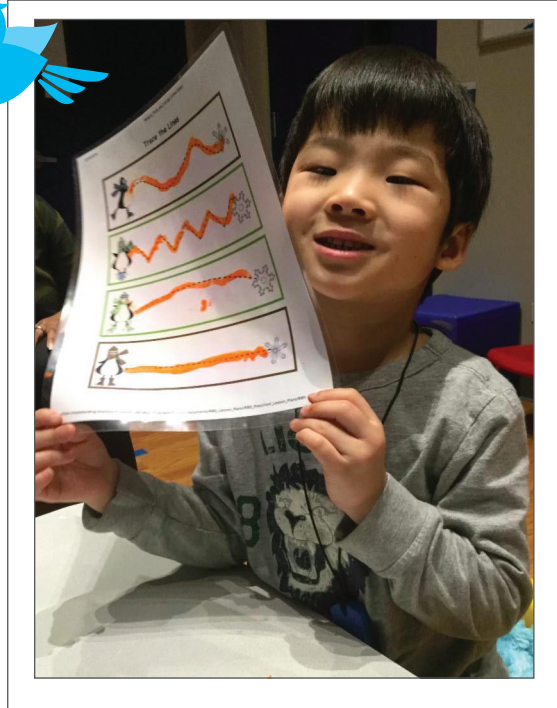


Fine Motor Home Program: Advanced Skills

Learn how to incorporate handwriting tasks throughout the day.



Your Child is Working On:

- Writing their name
- Drawing a person
- Writing uppercase and lowercase letters

What to do at Home: Model handwriting skills for your child. In the digital age you might use your phone more. Instead, try writing grocery lists. Send a handwritten card to a relative with your child.

BBD Tip: We work on both upper- and lower- case letters in this level. Note that developing uppercase letters is expected first. Typically, independent lowercase letter formation is not expected until 1st/2nd grade.

Fine Motor Home Program: Advanced Skills

You Can Help Your Child During:

Mealtime:

- Work with your child to complete a *simple* recipe
 - The recipe should have 4-5 clear steps (ex. fruit and yogurt)
 - Explain each step and have your child follow along (find bowl, find spoon, scoop, yogurt, scoop fruit, mix)

Playtime:

- Trace words in markers
 - Select a word that interests your child (ex. car, baseball)
 - Write the word yourself using a pen or pencil
 - Have child trace word using marker of their choice
- Make letters out of Play Doh
 - Roll Play Doh into "snake" shape
 - Call out letters and have child form shape
 - Write letter as visual model if needed
- Complete handwriting worksheets
 - Find worksheets related to preferred topics or create your own online!
 - Some children prefer tasks like this with a clear beginning and end
- Work with your child to complete a *simple* craft
 - The craft should have 4-5 clear steps (ex. telescope)
 - Explain each step and have your child follow along (find empty paper towel roll, color on roll, squeeze glue, attach pom pom)

Tips and Tricks:

- Introduce "Mat Man" to your child
- Sing the "Mat Man" song (search for the video on YouTube)
- Play hangman while waiting for food to arrive at a restaurant
 - Model drawing the person
- Play tic-tac-toe while waiting for food to arrive at a restaurant
 - Practice writing "X" and "O"
 - Remember to switch letters so your child can practice both!