

# BLUE BIRD SUCCESS STORY

## Jason, 5 Years 4 Months, Autism Spectrum Disorder

Originally referred to Blue Bird Day after ASD diagnosis in January 2021. Jason is a fun, energetic little boy who loves robots, cars, Paw Patrol, and space. He loves playing in the gyms, climbing, jumping, and running. He is very active and intelligent.



### INITIAL EVALUATION

- Difficulty with dressing and self-care tasks
- Difficulty with attention at family mealtimes
- Meltdown/tantrum behaviors
- Moderate receptive and expressive language delays
- Social difficulties
- Not yet toilet trained
- Unsafe sensory seeking behaviors
- Delayed play skills in areas of engagement, reciprocal play, joint attention

### INITIAL GOALS

- Increased independence with self-care activities: dressing, toileting, feeding
- Increasing expressive and receptive language
- Improved body awareness
- Reciprocal engagement with peers and siblings
- Relationship building

### PROGRESS NOTES OR OUTCOMES

- Improved tolerance to reciprocal play but continues to require occasional assistance
- Improved receptive and expressive language
- Improved frustration tolerance and management with adult assistance
- Improved ability to follow adult directives

### DISCIPLINES & SERVICES OFFERED

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Behavior Therapy
- Developmental Therapy
- Social Work
- Nutrition Therapy

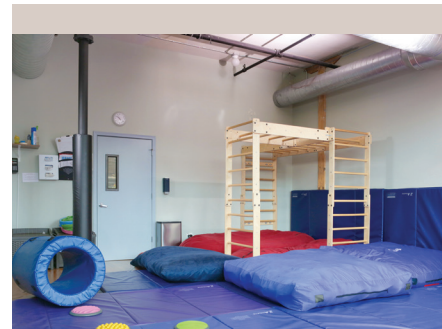
#### Blue Bird Day

Therapeutic Day Program with locations in West Loop, Northcenter and Wheaton, Illinois

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Blue Bird Day's (BBD) mission is to champion children to reach their full potential by providing individualized therapeutic care in the most natural setting. BBD is designed to foster socialization, sensory regulation and pre-academic learning in children ages 2 - 7 years in therapeutic rotations that simulate a preschool and kindergarten setting. We believe in regular assessment with both therapists and families, incorporating multi-disciplinary data to review and evaluate current program effectiveness and appropriateness of treatment goals and supports. Below is a summary of Jason's progress from initial evaluation to one-year of treatment.



### A NOTE FROM A THERAPIST

"I began working with Jason in June 2021, six months into his Blue Bird journey. I see Jason in physical therapy rotations every day for 30 minutes. Jason thrives on routine and familiar people, so he required more time to warm up to me. He was very hesitant to interact with me during our first month together. I found out that he loves cars and outer space so I tried to structure most of our games and gym time around those ideas. He slowly began to warm up to the idea of playing with me. After about a month of working together, he walked up to me in the gym and asked for a hug after a game of meteor showers. It completely made my day. He is such a sweet kiddo. Since June, I have seen Jason grow in multiple areas, not just physically. He is now able to vocalize when he is feeling frustrated and needs space, with less adult cueing than I've ever seen before. He is working hard at potty training. He is one of the smartest kids I know. It's never a dull moment with Jason and I look forward to our time together moving forward."

CATEGORY	INITIAL EVALUATION	AFTER 1 YEAR
<b>Social Skills</b>	Jason presents with delays in social emotional skills. He has difficulty engaging with peers and will often express frustration when prompted to take turns or share preferred items. He enjoys competitive play with adults.	Jason is able to verbally express when he is feeling frustrated. He is able to independently request breaks and his needs for space. He continues to require adult support with turn taking and sharing preferred items but this skill has improved significantly.
<b>Practical Life Skills</b>	Jason scored with delays in self-care activities. He is able to dress with minimal help but requires assistance when undressing. He is unable to participate in toileting routine and requires assistance with all hygiene activities like washing hands and bathing.	Jason is able to participate in all self care activities at this time. He has started toilet training and has been successful with voiding on the toilet. He continues to require some prompting, but overall is able to dress and undress without assistance.
<b>Communication</b>	Initial evaluation was completed virtually and evaluating therapist noted that results may not be reflective of Jason's ability due to platform used. Overall, he scored with moderate deficits due to difficulty communicating his wants and needs, difficulty following two-step commands, and difficulty answering questions.	Jason is able to independently communicate his wants and needs, protest, greet and inform. He continues to require support with language in a social setting.

CATEGORY	INITIAL (HAWAII HELP) % DELAY	ANNUAL (DAY-C) % DELAY
<b>Cognition</b>	35%	19%
<b>Speech Development</b>	49%	14%
<b>Physical Development</b>	37%	19%