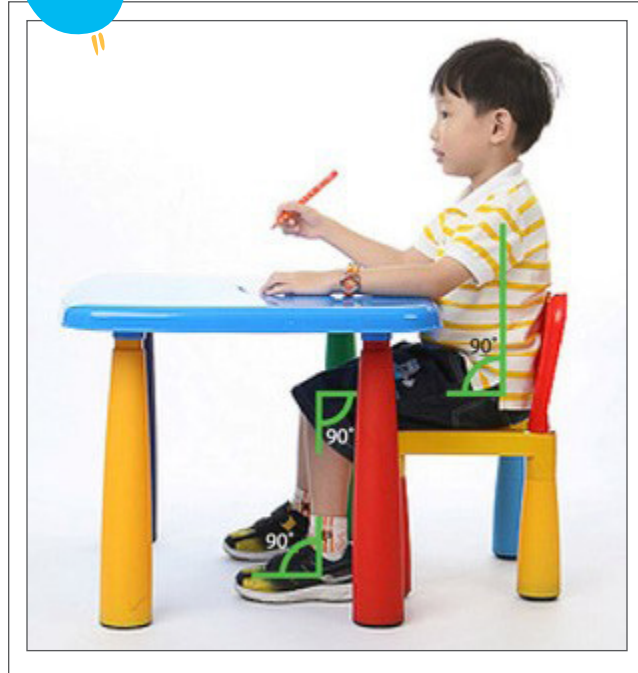
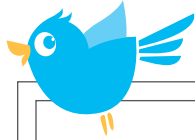


Setting up the Environment for Core Routines: Creative Time



- Allow your child to choose the materials they would like to explore during creative time.
- Follow your child's lead. Creativity is about free flowing expression. Copy your child's ideas or expand on them to encourage new ways of creating!
- Turn on some calming background music to promote focus, regulation, and attention.
- There is no right or wrong way to explore creatively. Use lots of encouragement and praise for whatever your child creates.
- Use a vertical surface such as an easel or a binder to promote appropriate grasp as well as facilitate visual attention.
- Utilize the internet for ideas and/or a visual model for your child to copy. Allow your child to choose which craft or project they would like to create.
- Supportive seating is important. Bodies that are supported don't wiggle or get up as much. The child should be in a seat with foot support and the table height should be halfway between belly button and chest. This can be achieved by placing cushions under child, foot stool under table, even a cardboard box can work as a foot rest.