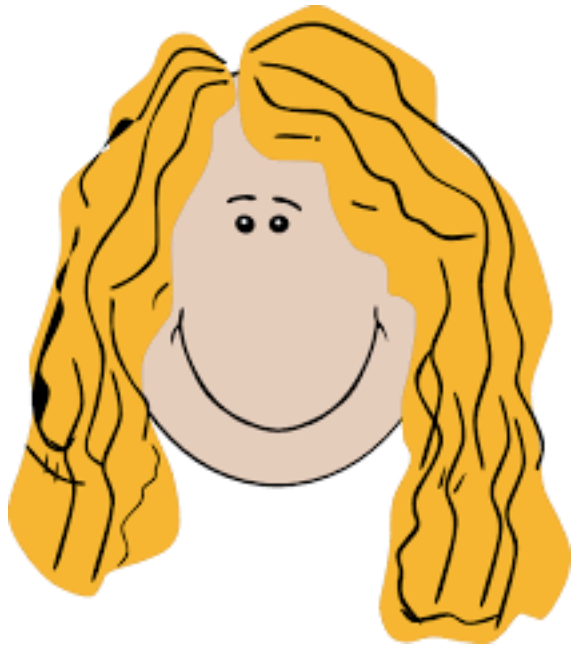


Getting a Haircut



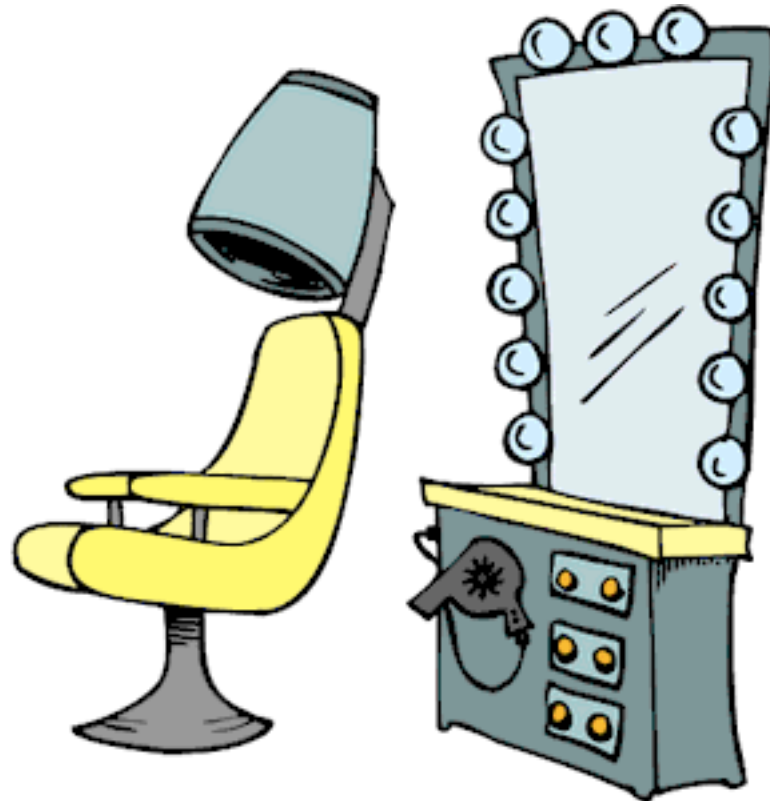
My hair is getting long. Mom or Dad will take me to get my hair cut. Everybody gets their hair cut when hair gets too long.



I will go to a salon or barber shop to get my hair cut. This is a new place! I am safe in the salon or barbershop with Mom or Dad.



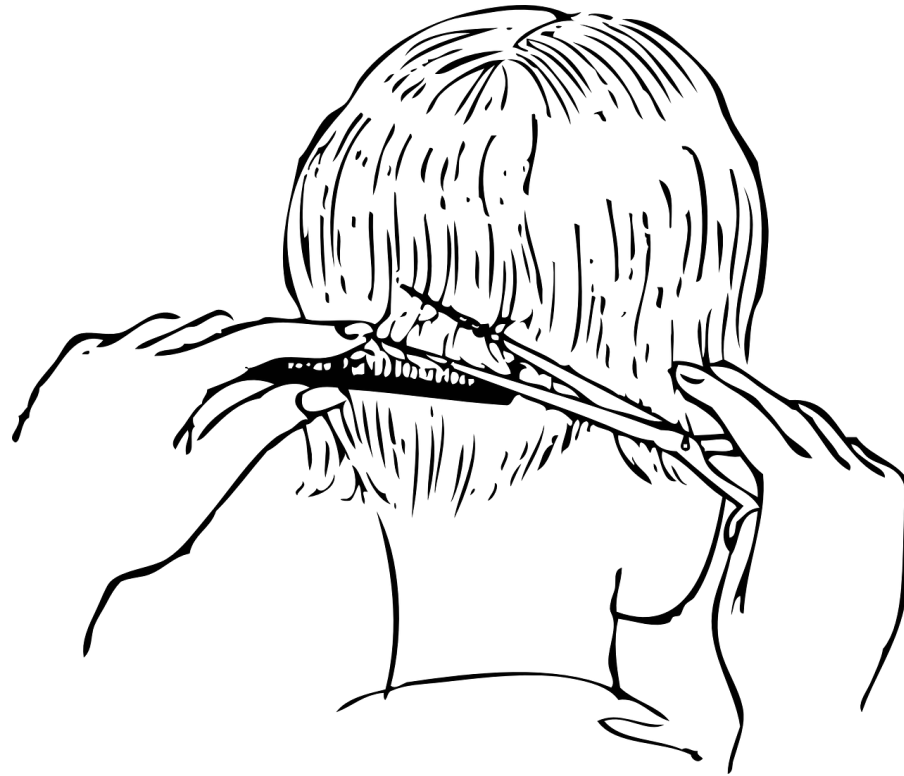
There might be other people there to get their hair cut too. There will be lots of chairs, mirrors, and people talking. Mom or Dad will come with me to the chair that I sit in.



I will sit in a big chair and wear a long cape over my clothes. It's a like a super hero cape! I will be able to see myself in the mirror.



The hairdresser will use a comb and scissors to cut my hair. Only the hairdresser can use scissors on my hair!



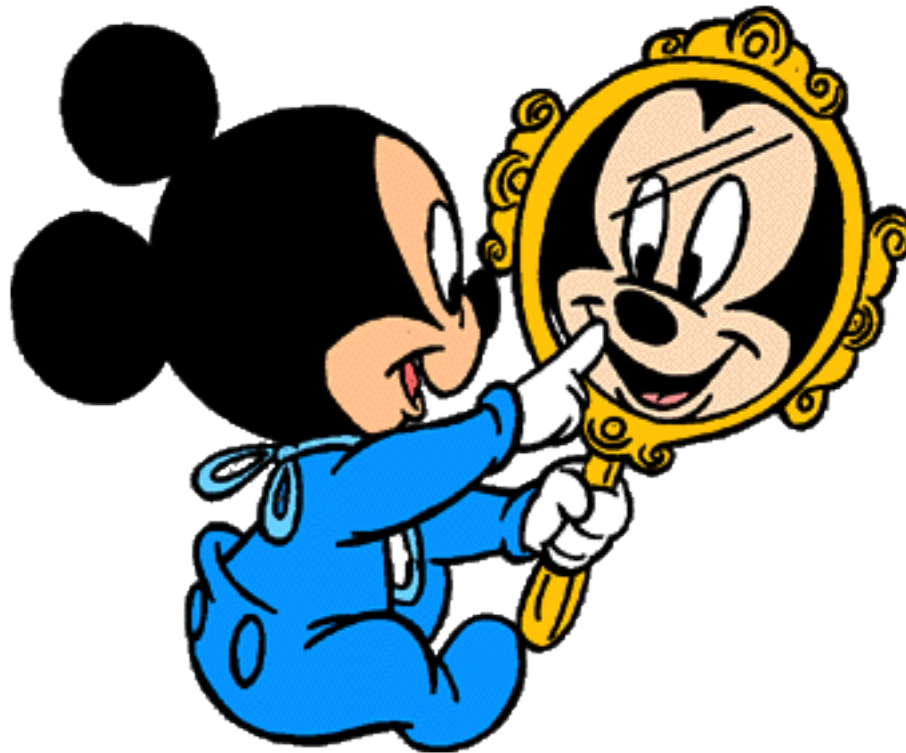
If I get my hair cut very short, the hairdresser might use an electric razor. It makes a loud buzzing noise and might tickle my head. I am not scared about the electric razor.



It is ok to feel nervous about getting my hair cut.
My Mom or Dad will be there with me.



When the hairdresser is done cutting my hair, she will take off the cape. I can look in the mirror and see my new haircut! My hair will look different. This is ok!



Sometimes Mom or Dad will cut my hair at home. I will sit in a chair while they put a towel on my shoulders to catch the hair. They will use a comb and scissors to cut my hair, just like the hairdresser at the salon.



Getting a haircut is fun! My Mom, Dad, and friends might say, “I like your hair cut!” I can say, “thank you!”



Thank you!





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