

# I Can Be Safe at the Park



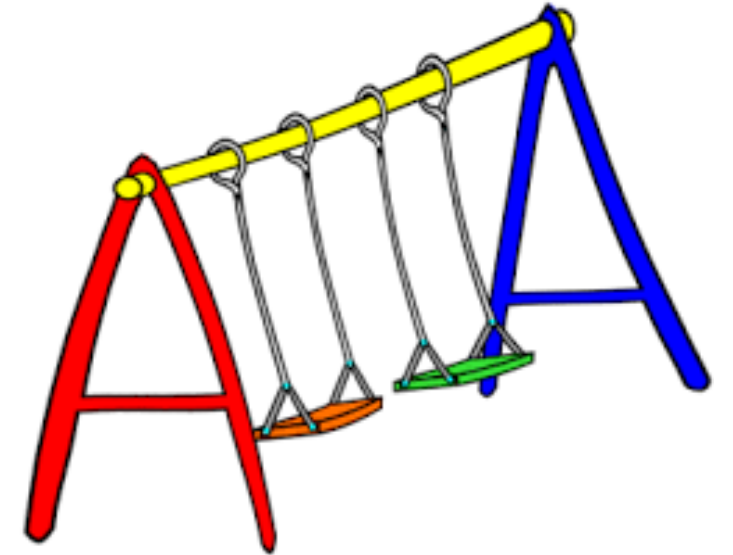
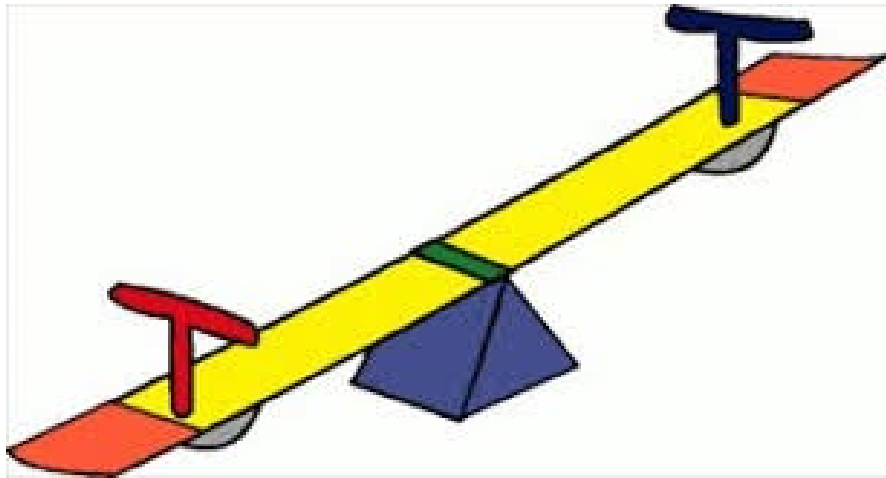


I am going to park. I will have fun at the park.

I will walk with a grown up to the park.  
I will hold their hand.



There are a lot of fun things to do at the park!



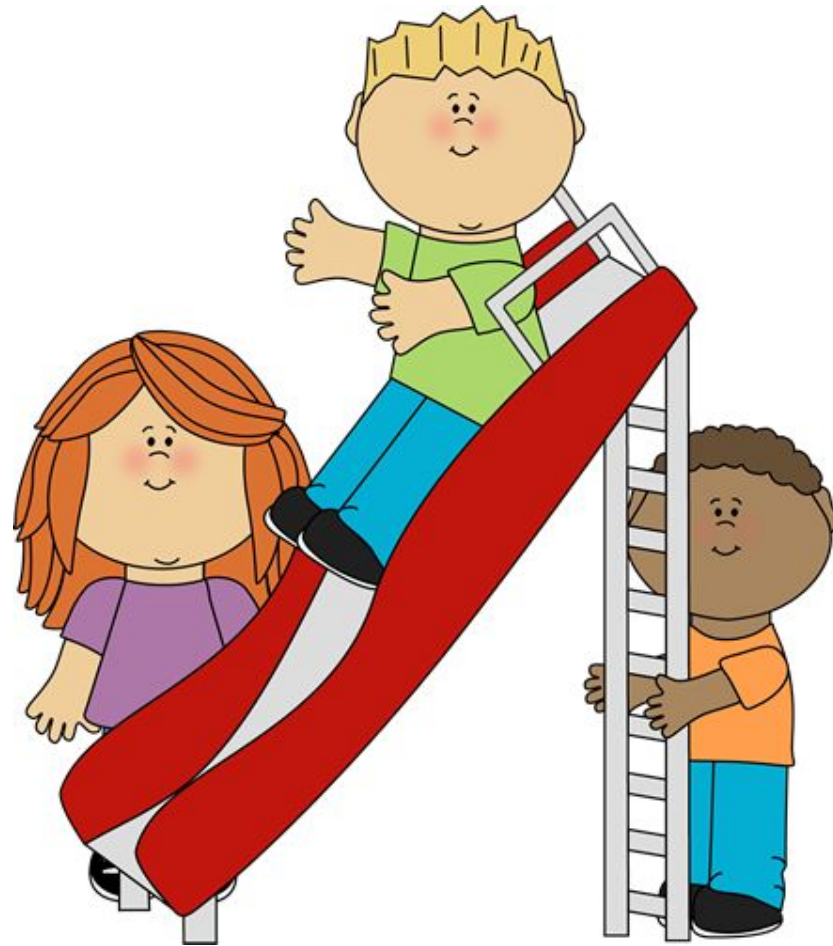
I may feel excited, but it is important I stay with a grown-up, so my body is safe. I will not leave the playground. If I want to play somewhere, I can let them know!



I may see other friends playing at the park. We can play together and take turns. I will have a safe body with others.



I can climb up high at the park. When I want to climb, I need to be with a grown up, so I am safe.



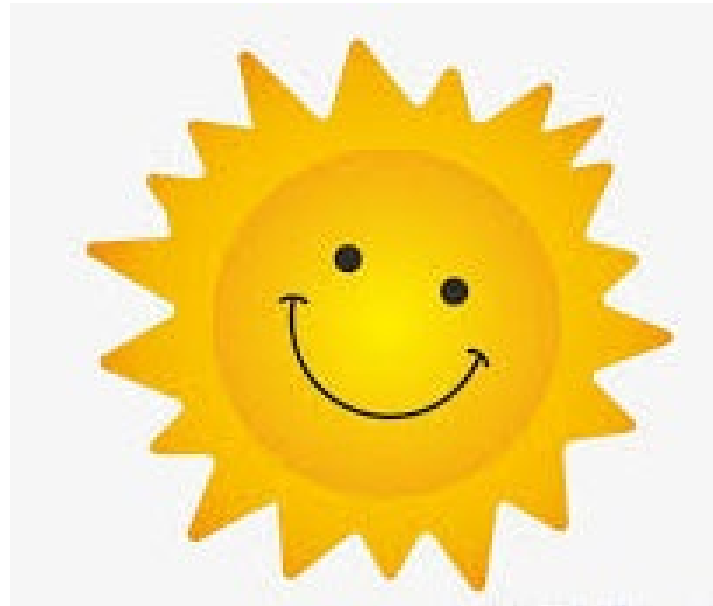
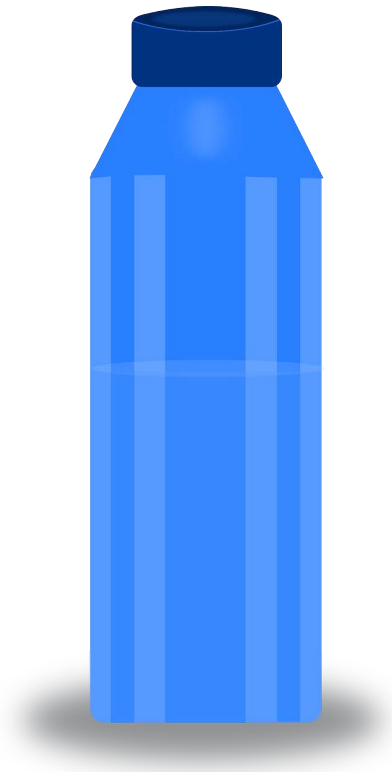
If something feels difficult or scary,  
I can ask a grown up for help.

**HELP**





If it is a very hot and sunny day, I should take breaks to drink water and wear sunscreen to help protect my body when I am at the park.



I will listen to a grown up when it is time to leave. I will walk back with them and hold their hand.



I had fun at the park while being safe, and I  
can come back again!





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